



MAKE YOUR OWN DOG BISCUITS

Ingredients:

3½ cups whole wheat flour	¼ c. finely chopped parsley
½ cup cornmeal	1½ cups very warm water
½ t. garlic powder	1 low sodium bullion cube
1 cup finely chopped or grated carrots	3 T. canola oil

In a large mixing bowl, mix whole wheat flour, cornmeal & garlic powder. Grate, shred or finely chop carrots and parsley, measure after grating. Add to dry mix and stir well.

Add bullion cube to water and mix until dissolved. Pour liquid into dry mix, add canola oil and mix well until it forms a thick dough. Put the dough ball on a floured surface and knead until you have thoroughly relieved all pent up stress!

Take a large spoon of dough and roll into a 4" cylinder. Flatten slightly with a fork and place on an ungreased baking sheet. Or you may roll out the dough and use cookie cutters. Bake at 350 degrees for 25-30 minutes. Cool and serve. Store in an airtight container.

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